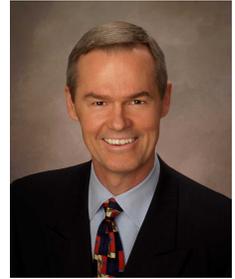


Learn The Secret to Excellence – Train Your Brain for Success:

How Your Brain Can Help You to Get From Where You Are to Where You Want To Be

We've all thought about what we'd like our lives to look like – our own version of excellence. If you're already satisfied with your life as it is, then you probably already know that there's a formula for succeeding. And you've probably already learned what you needed to learn, and done what you needed to do. On the other hand, if you'd like to learn how to make further progress, this workshop, [available in 1/2-day or 1-day formats](#), will help you with what you need to learn and do.



[Jim Muckle](#)

Recognizing that you live a busy life, we've researched and gathered the wisdom of many of the more popular (and successful) self-improvement and personal success speakers, authors, coaches, trainers, motivators, and gurus from around the world. To save you thousands of dollars and the longer periods of time it would take you to go to their events, we've distilled many of their specific, practical, and time-tested lessons into this Secret to Excellence workshop.

This inspiring workshop is about taking charge of your life – it's about getting serious about having and enjoying the life you want! If it's time for you to make this investment in yourself, your family, and your colleagues, then we look forward to seeing you. After you've discovered the Secret to Excellence, you'll need to be careful what you wish for ...

Program Topics

What does the excellent life of your dreams look like?

- How are your finances?
- What does your job/business/career look like?
- Are you enjoying your free time, hobbies, recreation, vacations, and fun time?
- Are your health and wellness helping you to achieve your desired results?
- What do your relationships with family and friends look like?
- What personal projects are you pursuing: learning, traveling, writing, other ...?
- Are you giving back to your community in ways that work for you?

How can you boost your life in the areas that are important to you?

- Receive guidance on how to define your personal vision.
- Learn how to set goals that are important to you.
- Find out how to use your goals to program your brain to help you succeed.
- Discover how to tap into more of the many resources available to support you in achieving your goals and in living your vision.
- Develop your plan to further support yourself in achieving your goals.
- Develop new habits to help you to produce more of the results you want.

How can you use *The Success Principles* to help you to succeed?

- Learn what to do with the success principles - besides reading the book.
- Figure out what's holding you back.

- Discover which success principles could be most effective for you.
- Identify which success principles align best with your vision and goals.

How can you put the “At Your Own PACE (Purpose, Awareness, Capacity, Engage-ment)” Framework to work for you?

- Discover the power of **Purpose** and how to clarify yours.
- Find out several easy-to-use strategies for raising your **Awareness** of what’s possible and of what’s available to you to support you in producing your desired results.
- Select the best ways to expand, leverage, and apply your **Capacity** to live your Vision.
- Learn how to increase your **Engage-ment** to help you get there – and to help you get there faster.

At the end of this workshop, you will be able to:

- Further refine your personal action plan for creating and enjoying your excellent life.
- Take action to translate your vision of your excellent life into reality.
- Work with at least 3 specific and measurable (how much, by when) goals in each of the above 7 areas of your life.
- Initially apply at least 6 success principles that you plan to reinforce or to begin using more intentionally in the coming weeks.
- Bring the components of the Secret to Excellence together to work for you.
- Help others who are important to you to begin doing the same for themselves. Perhaps they can begin earlier than you’ve had the opportunity to do yourself.
- Take home your personal copy of *The Success Principles* by Jack Canfield, one of the world’s foremost personal success coaches, and continue to build your excellent life.

Participant Value?

- This workshop is invaluable to anyone who sees their future clearly but is not sure how to get there, to anyone who wants something better but is not sure what to do next, to anyone who has been too busy to invest this time in themselves, and to anyone who wants to help someone else with a dream to make it happen too.

For more information, visit us online at www.BrainsInAction.com, or contact us at: (T/M) (613) 841-4332 / (TF) 1-888-384-6666 / jim.muckle@BrainsInAction.com

IS YOUR
Brain
Doing Its BEST?
Work For You?